

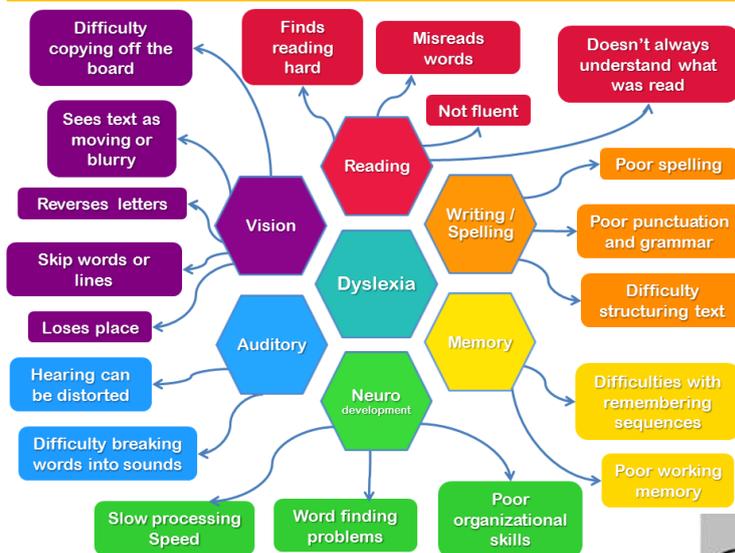
## Dyslexia Support Sheet 2020

### What is Dyslexia?

- Dyslexia is one of a family of Specific Learning Difficulties.
- Many people who have dyslexia have strong visual, creative and problem-solving skills.
- Dyslexia is not linked to intelligence but can make learning difficult.
- Dyslexia is a life-long condition which has a substantial effect on an individual's day to day activities and is classed as a disability under the Equality Act 2010.
- Dyslexia varies from person to person and no two people will have the same set of strengths and weaknesses.
- It often occurs with related conditions such as dyspraxia, dyscalculia and attention deficit disorder.
- Dyslexic individuals often have difficulty processing and remembering information.

### Did You Know?

- There are dyslexic pupils in every classroom, and dyslexic adults in most staff rooms.
- Dyslexia is a learning difference - a combination of strengths and weaknesses which affect the learning process in reading, spelling, writing and sometimes number and calculation.
- Dyslexic learners may also have weaknesses in short-term memory, sequencing and the speed with which they process information.
- Dyslexia runs in families and occurs on a continuum from mild to severe
- Dyslexia occurs in all ethnic groups and in all languages .
- Self esteem is often low which can lead to reduced motivation and sometimes behaviour problems.
- Dyslexic learners can do as well as anyone when identified and given appropriate support.



**They told me I'd never be good at poetry because I'm dyslexic, but so far I've made 3 jugs and a vase !**

Top Tips for

