
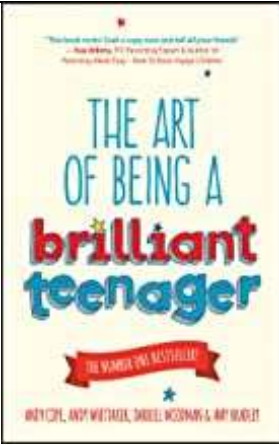
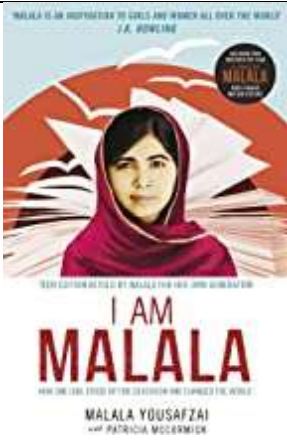
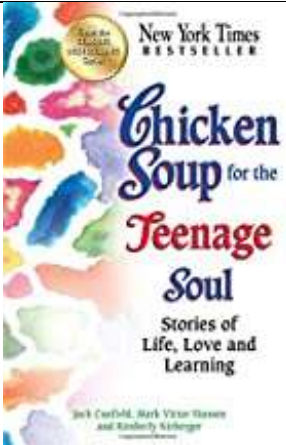







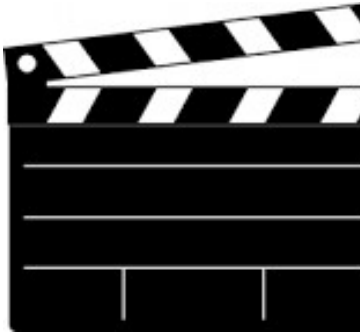







Keep calm and do some Life Skills!




We would love for you to stay engaged with your Life Skills work over the coming months despite the lack of a normal school day and the cancellation of exams. Below are some suggestions of books, websites, films and TV shows you could watch to develop your understanding on important Life Skills.

			
<p>Books you may want to read (All titles are available on Amazon)</p>	<p>'The Art of being a Brilliant Teenager' by Andy Cope</p>	<p>'I am Malala: How one girl stood up for education and changed the world' by Malala Yousafzai</p>	<p>'Chicken Soup for the teenage soul: Stories of life, love and learning' by Jack Canfield</p>

	<ul style="list-style-type: none"> -The Last Dance: inspiring story of Michael Jordan -Broken (A look at consumerism and fake products) -Coronavirus explained -Three Girls (Hard hitting series based on real events) 	<ul style="list-style-type: none"> -Stacey Dooley investigates series -Panorama series -Escaping gangs: Death, Jail or Redemption Shame in the game: Racism in Football 	<ul style="list-style-type: none"> -Suicide and me (Mental health documentary – Real Stories) - Invincible Me (Build Self confidence and Self Esteem) Documentary -Stabbed: Britain’s knife problem (Real Stories)
<p>Programmes you may want to watch</p>			

 <p>Films you may want to watch</p>	<p>The Blindside</p> 	<p>The Pursuit of Happyness</p> 	<p>Shawshank Redemption</p> 
<p>42</p> 	<p>The Truman Show</p> 	<p>The Impossible</p> 	<p>Wild</p> 

 <p>Websites you may want to check out</p>	<p>https://www.bbc.co.uk/bitesize/subjects/z3ckjxs PSHE and Citizenship topics to explore</p> <p>https://www.bbc.co.uk/teach/class-clips-video/citizenship-gcse-stephen-the-murder-that-changed-a-nation/zmncpg8 Short films and resources around the murder of Stephen Lawrence</p> <p>https://www.bbc.co.uk/teach/class-clips-video/ks3-ks4-PSHE-my-troubled-mind/zdjv7nb Series of short films around teenage mental health</p> <p>https://www.bbc.co.uk/teach/class-clips-video/pshe-citizenship-ks4-gcse-the-world-my-stuff-and-me/zhdmjhw Short films exploring global consumer and economic issues</p> <p>https://www.bbc.co.uk/teach/class-clips-video/pshe-computing-ks3-ks4-online-grooming/zr88382 Short films exploring online safety</p>
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